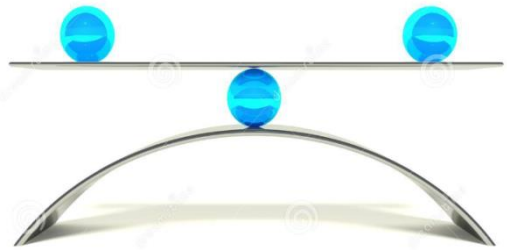
What is the basis of any therapy?

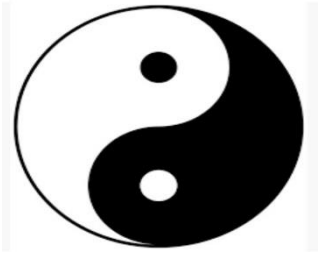
The basis of health is the orderliness provided by the dynamic balance in life cycles.



Balance is a dynamic movement of actions and reactions in two phases.

We need relaxation (fixation) or energy storage and we need performance (growth) or energy consumption in the body.





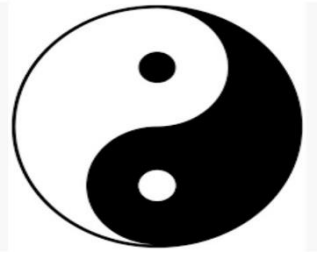
We already understand that the life cycle does not like extremes.

It does not like blocks.



There are defined norms that determine what is healthy communication in the body.

It is the ratio of specific actions and reactions between systems.



We can measure actions and reactions on our control systems.

We can tell if actions or reactions are outside the norm.



If they are out of the norm, there is a disturbance in the dynamic equilibrium.

The organism begins to suffer.



It's stressed.





If the equilibrium is not restored and, on the contrary, the imbalance deepens, an acute problem arises in the system.

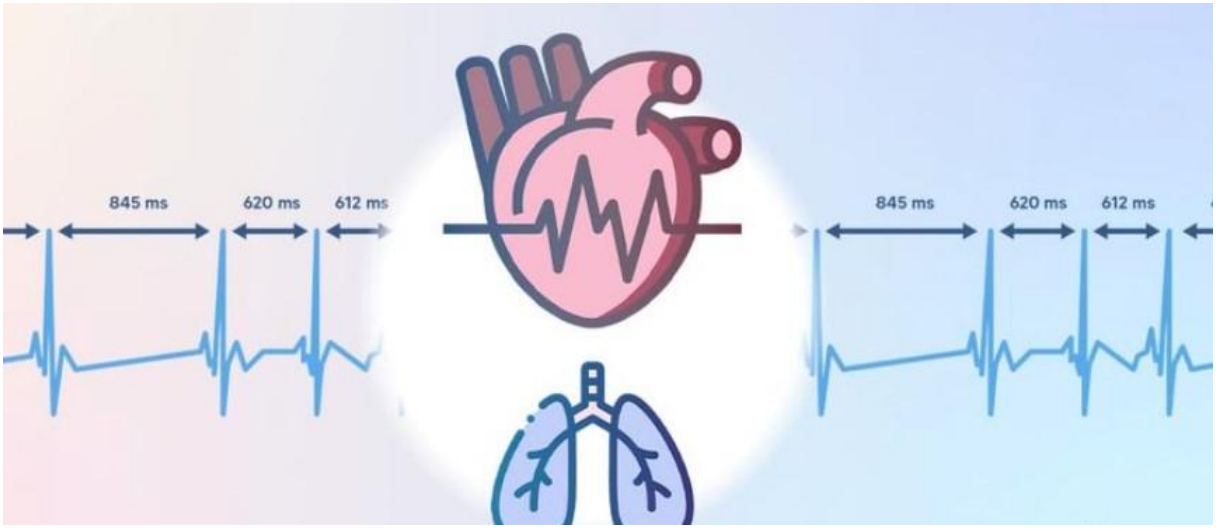
If the acute problem is not addressed, a long-term imbalance (chronic problem) occurs and extremes (blocks) begin to accumulate in the organism.

We get sick because we are mismanaged.



We always need to find out why the nervous, hormonal and immune systems are blocked.

The Varicard instrument can measure communication on the nervous and hormonal systems.



This method is called heart rate variability measurement.