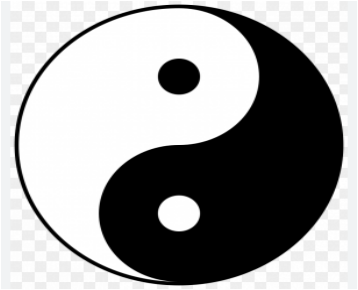
8. The Path Back to Balance





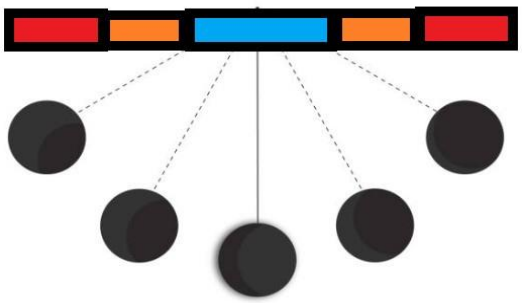
Communications are energy flows in the nervous, hormonal and immune systems according to Western medicine.

Communications are also energy flows within individual cells, along the meridians and in the chakras.

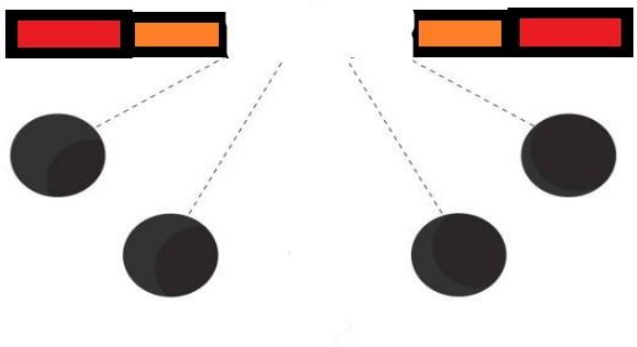


Communication is the activity of our subconscious, our conscious mind and our connection to the superconscious.

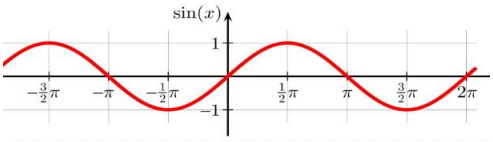


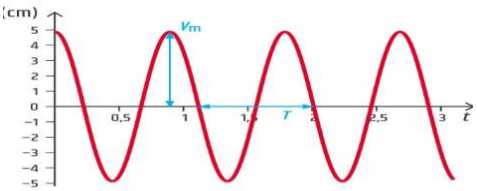
Blue – action and reaction within the norm
Orange – action and reaction outside the norm
Red – action and reaction completely outside the norm

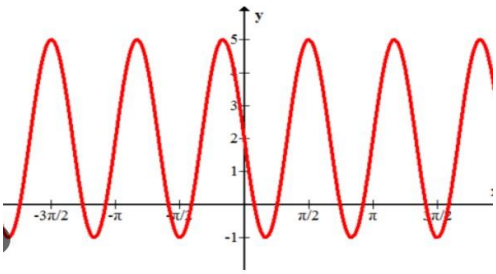
To be in balance means to keep movements (flows) within certain norms, where actions and reactions support the growth and stabilisation of order at every level of communication for subsystems, systems and supersystems.

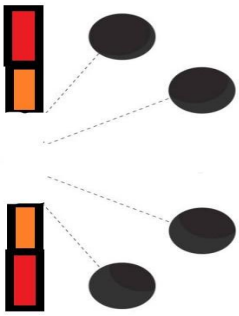


Blocks, on the other hand, mean that the timing of actions and reactions shifts outside the norms. They swing into extremes. Blocks mean that during these actions and reactions either less or, on the contrary, more energy is expended than is needed for healthy, growth-oriented BEING.

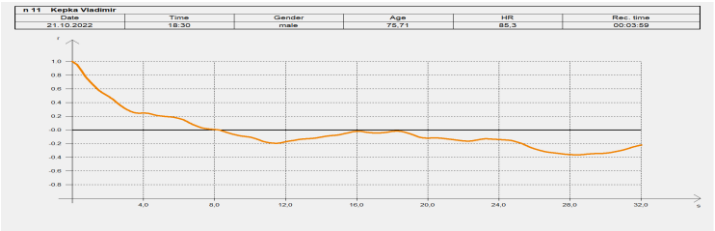








The regulatory systems – nervous, hormonal and immune – respond by trying to maintain the conditions for the growth and stabilisation of order.

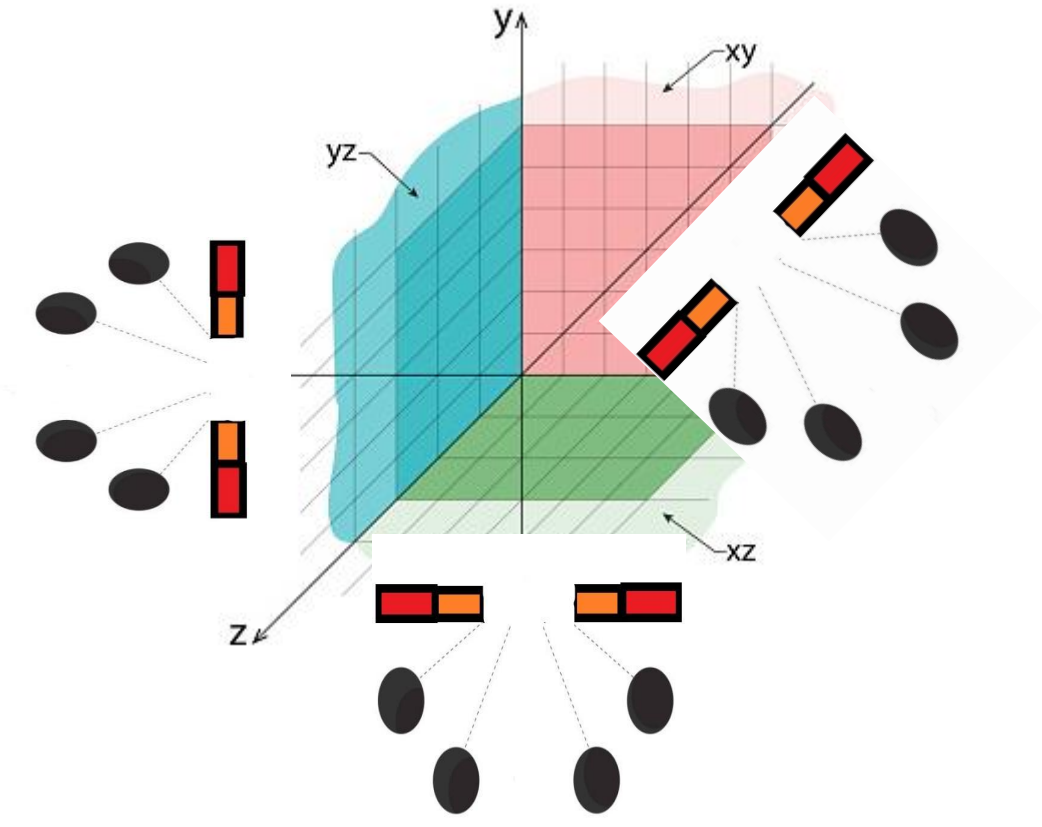


Blocks arise when risks increase, in an acute block, and then sink into a chronic block if this trend cannot be brought back within the norms.

There are 3 paths to the destruction of order and at the same time 3 paths to the growth of order.
What are they?

walking or running addition / subtraction
bicycle or car multiplication / division
airplane or rocket exponentiation / root extraction

They are subtraction, division and root extraction. In the example I am leaving on foot, by driving or by flying into greater extremes. I can illustrate this on the x, y and z axes.



The path back to harmony is possible through addition, multiplication or exponentiation, where I reduce the deviations from the norm. It is again walking, riding and flying in the sense of creating the conditions for building order.

The way of your path is determined by your knowledge and skills.

